



Smashing Plates

DSEDF



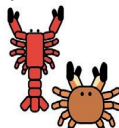

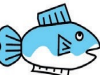









Allergen Guide

The safety of our food is our highest priority.















We operate hygiene practices that are of the highest standard, but our kitchens are open and busy, and we cannot guarantee any of our food to be allergen free.

If you have any questions or concerns about allergens or intolerances, please speak to the Manager on duty before making your selection.

DISHES & THEIR ALLERGEN CONTENT



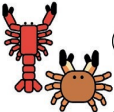

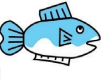
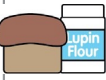








DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusks	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Pitta Bread		Wheat												✓
Chicken Skewer	✓	Wheat		✓			✓		✓				✓	
Ground Lamb & Beef		Wheat					✓						✓	
Chicken Gyros	✓	Wheat		✓			✓		✓				✓	
Pork Gyros	✓	Wheat		✓			✓						✓	
Halloumi Cheese		Wheat					✓							
Vegan Halloumi		Oats												
Vegan Gyros	✓	Wheat							✓			✓	✓	✓

DISHES & THEIR ALLERGEN CONTENT

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusks	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Spinach & Feta roll	✓	Wheat		✓			✓		✓			✓		
Halloumi Fries		Wheat					✓					✓		
Oregano Fries														✓
Feta cheese							✓							
Cheese Sauce							✓						✓	
Slaw														✓
Kalamata Olives														✓
Vegan Halloumi Fries		Oats												
Vegan Feta		Oats												

DISHES & THEIR ALLERGEN CONTENT



DISHES	 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusks	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur dioxide
Pink aioli									✓				✓	✓
Maple mustard mayo									✓					✓
Fiery roasted peppers & jalapenos sauce		Gluten									✓	✓		✓
Tzatziki							✓							✓
Vegan Mayo														
Ketchup	✓													
Vegan Baklava		Wheat									Walnuts, Pistachio			
Pitta-nuts		Wheat											✓	
Chocolate Brownie		GF Oatmeal												

Review date: 21/10/2023 by Neofytos Christodoulou. You can find this template, including more information at www.food.gov.uk/allergy